

Coronavirus

What Can We Do to Prevent the Spread?

Your health and safety is of the highest priority to BVL. We are monitoring the situation and putting measures in place to mitigate risk to our employees, driver teams and customers.

Using common sense, and following the practices below will assist in keeping you healthy, and limiting your exposure to high risk viruses.

Limit close face-to-face contact.

- Keep a distance of at least 3 feet between you and the person you're talking to.
- Don't cluster together in meeting rooms – use Zoom as an alternative and attend virtually.
- Avoid handshakes and other unnecessary touching.

Practice cough and sneeze etiquette!

- Cover your mouth and nose with a tissue and then throw tissue away immediately.
- In the absence of a tissue, cough or sneeze into your elbow.

Wash your hands!

- Wash your hands using soap and running water often.
- Make sure you are lathering and rinsing for about 20 seconds (sing Happy Birthday in your head twice – that's 20 seconds).
- Use a paper towel to turn off faucet and open doors.
- If soap and water isn't easily available, use a 60% alcohol based hand sanitizer.

Stay home if you're sick.

- If you feel sick, stay home!
- If you feel mildly ill, and are questioning whether to come to work, speak to your supervisor about working from home.

BVL is preparing to mobilize a full Work from Home strategy in the event the need arises.

The CDC updates their website twice daily with information about this virus. Please visit www.cdc.gov for more information.

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Driver Teams in the Field

Take concrete actions to protect yourself, your crew and the customers:

- If at any time you feel uncomfortable in the home, please contact your dispatcher or General Manager immediately. We are all here to support you.
 - Wash your hands. Frequently. If possible, have alcohol-based hand sanitizer available, but washing with soap and water, for at least 20 seconds (Sing “Happy Birthday” in your head twice. That’s 20 seconds.), is always the best method.
 - Wear gloves when handling any customer goods, and in customer homes.
 - Try to maintain a space of at least 3 feet from anyone you’re speaking to.
 - Avoid handshakes. In this difficult time, people understand.
 - Sneeze or cough into a tissue – and throw that tissue away immediately. If a tissue isn’t available, cough into your elbow or shoulder.
 - If you or your crew show signs of being sick, remove said persons from the home. Get medical attention, if necessary.
 - As allergy season begins, take necessary precautions (medication/nose spray) if needed to control coughing/sneezing, so as not to be confused with having COVID-19
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